## POST FILLER AFTERCARE

## Please contact us with any concerns



Apply a cool compress



Expect swelling and bruising



Take Tylenol for discomfort



DON'T Go into the sun for 72 hours



DON'T Apply makeup for 12 hours



DON'T Rub or wash face vigorously for 3 days



DON'T Smoke for 12 hours



DON'T Drink alcohol for 12 hours



DON'T Exercise for 24 hours